



MANITOBA BUDDHIST VIHARA AND CULTURAL ASSOCIATION (MBVCA)

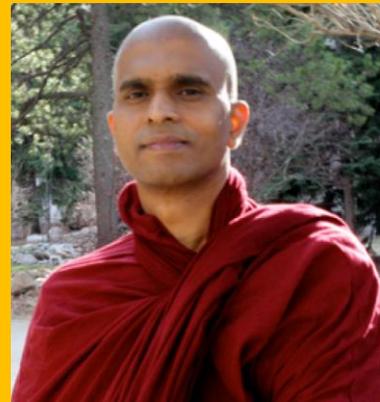
Background

Manitoba Buddhist Vihara and Cultural Association (MBVCA) was founded as a charitable organization in March 1999. The origin of the MBVCA goes back to 1989, when the founder of the association Radhika Abeysekera started teaching Buddhism to five children in Winnipeg. The intention was to teach the children Lord Buddha's message of peace.

MBVCA, from this humble beginning, grew steadily over the years and many children have acquired valuable life skills through its programs. All of these students nurtured to be peace loving and responsible citizens who contribute to Canadian society in their respective professional fields. MBVCA's Sunday school, taught by volunteer teachers, at present serve more than eighty children. MBVCA is currently supported by more than 125 families.

MBVCA believes that bringing awareness of the great wisdom and contribution the Buddha made for the well being of mankind will establish peace and harmony between faiths through respect and understanding. As per Buddhist teachings, peace can be achieved by developing the inner peace and contentment within us. With this in mind, MBVCA offers programs on mindfulness and insight meditation, and practice of loving kindness. In addition, MBVCA regularly organize charitable activities and cultural events.

“On life's journey, virtuous deeds are a shelter, wisdom is the light by day and right mindfulness is the protection by night. If a man lives a pure life nothing can destroy him; If he has conquered greed nothing can limit his freedom” - The Buddha



Ven. M. Chandananda Thero has been the resident monk of MBVCA since March 2016. He is a student of Ven. Kirioruwe Dhammananda Nayaka Thero and Ven. Kukulpane Sudassi Thero. He has a Masters in Buddhist Philosophy as well as a Diploma in Psychology and Counselling. He was the resident monk of Alberta Buddhist Vihara from 2011 to 2016.

Activities

Sundays	Classes for children at St. John's College, University of Manitoba
Tuesdays	Meditation for youth
Wednesdays	Mindfulness meditation for adults
Fridays	Questions and answers on insight meditation practice
Saturdays	Mindfulness meditation practice Universal loving kindness meditation practice

Monk's Residence

**112 Cadboro Road, Winnipeg, Manitoba R3Y 1R7
Tel: 204 269 6026**

MBVCA conducted a day long retreat at Lindenwood Community Centre to commemorate Vesak, the birth, enlightenment, and passing away of the Buddha, on 20th May 2017.



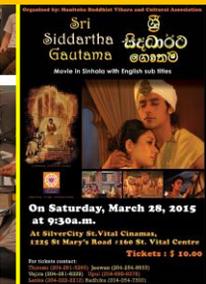
Children celebrated 2017 Vesak by lighting hand crafted traditional lanterns at the Monk's residence on Cadboro Rd.



In early days, MBVCA conducted its programs at the Vietnamese Buddhist temple on Burrows Av, Winnipeg (left). MBVCA moved operations to its own temple on Mc. Gee St, Winnipeg (right, left below) in 2006. However, this building had no facilities for a monk to reside, thus MBVCA acquired the property at 112 Cadboro Rd, Winnipeg, in 2016 to use as Monk's residence.



MBVCA conduct many charitable and cultural events. Some examples include Multicultural event at St. Norbert Art Center to celebrate Peace Day, Cultural performance at St. Norbert Seniors Home, 2017 Blood donation drive, Screening of movie Siddhartha Gautama at Silver City St. Vital, and Multi-faith discussions.



“All experiences are preceded by mind, having mind as their master, created by mind. If a person speaks or acts with a pure mind, happiness follows him like his never departing shadow”

- The Buddha

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